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(57) Abstract

A pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, is provided. The agent comprises a short chain fatty acid, or a pharmaceutically acceptable salts, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal. Preferably the agent comprises calcium acetate in a shellac coating.

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Anti-Atherosclerotic and Anti-Thrombotic Agent and the Use Thereof

INTRODUCTION AND BACKGROUND TO THE INVENTION

free fatty acids and obesity and the use thereof.

This invention relates to a pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of

It is generally known that atherosclerosis is primarily caused by increased levels of cholesterol in human beings and that thrombosis is caused by the polymerisation of fibrin to form fibrin clots.

Low density lipoprotein cholesterol (LDL-C), occurring in relatively high concentrations, is particularly responsible for an increase in cardiovascular disease, especially when the LDL-C is oxidised by free radicals such as lipid peroxides. Although it is has been reported that dietary fibre can modify lipid metabolism in man, no effects of fibre, fibre components or metabolites thereof on lipid peroxidation have been reported.

It is further known that fermentable non-starch polysaccarides such as pectin, are fermented in the colon of a mammal to short chain fatty acids or derivatives thereof, such as acetate, propionate and butyrate. The butyrate is absorbed by the colon cells while the propionate and acetate

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move to the liver. The propionate is retained in the liver while the acetate is distributed throughout the cells and plasma of the mammal.

OBJECT OF THE INVENTION

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It is an object of the present invention to provide a novel pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity and the use thereof.

SUMMARY OF THE INVENTION

According to the invention a pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, is provided which comprises a short chain fatty acid, or a pharmaceutically acceptable salt, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal.

Preferably the pharmaceutically acceptable salt of the short chain fatty acid is the calcium salt thereof.

Preferably the short chain fatty acid comprises acetic acid.

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The protective coating may comprise a natural or synthetic resin such as shellac.

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The pharmaceutical agent preferably comprises calcium acetate in the form of a capsule, tablet or pill coated with such a resin.

Preferably the agent comprises between 0,1 grams and 100,0 grams of the acetate.

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According to another aspect of the invention a method for the treatment or prevention of any one or more of said conditions in a mammal includes the step of administering to the colon of a mammal an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof.

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Preferably the agent is administered to the colon, via the digestive track of the mammal.

According to another aspect of the invention there is provided the use of an agent comprising a short chain fatty acid or a pharmaceutically

acceptable salt, derivative or precursor thereof in a method for the

treatment or prevention of any one or more of said conditions in mammals.

According to another aspect of the invention there is provided the use of

an agent comprising a short chain fatty acid or a pharmaceutically

acceptable salt, derivative or precursor thereof, in the manufacture of a

medicament for use in a method for the treatment or prevention of any one

or more of said conditions in mammals.

Further according to the invention, the aforesaid method includes the step

of administering the agent orally in the form of a capsule, pill or tablet

coated with a protective coating which is resistant to digestion and solution

in the stomach and small intestine of a mammal, but soluble or digestible

in the colon of said mammal.

Still further according to the invention the pharmaceutically acceptable salt

is the calcium salt of the short chain fatty acid.

Still further according to the invention the short chain fatty acid is acetic

acid.

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Still further according to the invention the protective coating comprises a natural or synthetic resin such as shellac.

Applicant has found that the aforesaid clinical effects can be attained by administering the agent to a human being in an amount of between 0,1 gram and 100,0 gram at least once a day.

SPECIFIC DESCRIPTION OF THE INVENTION

The invention will now be described further by way of the following nonlimiting examples.

The codes used in the examples denote the following:

ApoA -- APO-PROTEIN A

ApoB -- APO-PROTEIN B

BMI -- BODY MASS INDEX = WEIGHT/(LENGTH)²

DBP -- DIASTOLIC BLOOD PRESSURE

FFA -- FREE FATTY ACIDS

FFA/ALB -- FREE FATTY ACID TO ALBUMIN RATIO

HAEMATOCRIT -- % PACKED CELLS IN BLOOD

20 HDL-C -- HIGH DENSITY LIPOPROTEIN CHOLESTEROL

IR -- INSULIN RESISTANCE

LDL-C -- LOW DENSITY LIPOPROTEIN CHOLESTEROL

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LP(a) -- LIPOPROTEIN (a)

MPC -- MACROMOLUCULAR PROTEIN COMPLEX

SBP -- SYSTOLIC BLOOD PRESSURE

TBARM -- THIOBARBITURIC REACTIVE SUBSTANCES OF

MALONDEALDEHYDE

TC -- TOTAL CHOLESTEROL

TG -- TRIGLYCERIDES

TP -- TOTAL PROTEIN

μT -- MASS LENGTH RATIO FROM TURBIDITY

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EXAMPLE 1

The respective effects of pectin and an acetate when administered to the colon of a mammal were determined during a first experiment. The experiment was conducted in the following two phases:

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Week 0 Baseline Phase I - blood 1 & 2 Pectin Week 2: weight measurement Cornflour n = 10n=10 End of supplementation - blood 3 & 4 Week 4 Week 8 Baseline Phase II - blood 5 & 6 Acetate Pectin Week 10: weight measurement n=10 n=10 End of supplementation Week 12 - blood 7 & 8

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Twenty human males participated in the experimentation and these subjects were not on any medication for any chronic diseases at the time, and also had no history of cardiovascular disease. All the subjects were at the time following a relatively high fibre, low fat diet. During the first phase ten subjects consumed a total of 15 grams of pectin per day in four aliquots, while the other ten consumed a total of 15 grams of placebo (starch) per day in four aliquots.

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During the second phase, the first group consumed a total of 7,5 grams of calcium acetate per day in four aliquots and the second group consumed a total of 15 grams of pectin per day in four aliquots. The calcium acetate was administered in capsules which were coated with a protective coating comprising a resin known commercially as shellac. This protective coating is resistant to digestion and solution in the stomach and small intestines, but not resistant to the enzymes of the organisms usually found in the colon, so that the calcium acetate was thus released in the colon. Details of the subjects are given in Table 1.

TABLE 1: PERSONAL DETAILS OF SUBJECTS PARTICIPATING IN THE EXPERIMENTATION

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VARIABLE .	PECTIN : PHASE 1	PLACEBO : PHASE 1
	ACETATE: PHASE 2	PECTIN: PHASE 2
SEX	Male	Male
AGE	45.27	42.0
(years)	± 12.24	± 10.22
SBP	125.9	125.0
(mmHg)	± 9.7	± 14.3
DBP	81.3	79.5
(mmHg)	± 9.77	± 10.1
Activity level	Medium	Medium
Cardiovascular		
events	No history	No history
WEIGHT	89.50	92.10
(kg)	± 11.81	± 15.03
вмі	27.50	29.70
(kg ¹ m ⁻²)	± 2.99	± 3.09
MEDICATION	None	None

Blood samples where taken from the subjects after each phase and a large number of variables where tested. The results of these tests are given in Tables 2 to 5.

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Table 2 Means and standard deviations of body weight and BMI changes

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VARIABLE		PHAS	B 1			PHA	SE 2	
-	PECT	IN	PLAC	KBO	PECT	rin	ACET	ATE
	BASELINE	BND	BASELINE	END	BASELINE	KND	BASELINE	END
BODY WEIGHT	89,50	89,10	92,10	92,10	92,07	91,55	88,16	83,04
(kg)	± 11,81	± 11,92	± 15,03	± 15,54	± 15,54	± 14,55	± 12,35	± 10,80
BMI	27,50	27,40	29,70	29,50	29,46	29,32	26,90	25,65
(kg/m²)	± 2,99	± 2,98	± 3,09	± 3,04	± 3,03	± 2,82	± 2,82	± 2,62

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Means and standard deviatins of baseline and end of supplementation haemorhe logical and haemostatic variables Table 3

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				TO THE RESERVE TO THE	N. Taraka S. Tar	The second secon		
VARIABLE		PHASE	SR 1			PHASE	B 2	
	PRCTI	TIN	PLA	PLACEBO	PRCTIN	IN	ACE.	ACETATE
	BASELINE	BND	BASELINE	BND	BASELINE	RND	BASBLINB	GND
HAEMATOCRIT	48,70 ± 2,45	48,10 ± 2,69	48,70 ± 2,45	48,10 ± 2,64	47,38 ± 2,67	45,39 ± 2,55	48,55 ± 1,88	46,83° ± 1,85
HAEMOGLOBIN (mmol/1)	10,30 £ 1,09	9,60° ± 0,98	10,30 ± 0,91	10,60 ± 0,98	10,82 ± 1,07	9,75° ± 0,84	11,12 ± 0,34	10,48 ± 0,50
VISCOSITY (cp)	1,81 ± 0,08	1,60° ± 0,19	1,80 ± 0,09	1,70°	1,75 ± 0,10	1,62° ± 0,13	1,92	1,61°
COMPACTION (*)	21,51 ± 3,65	30,16°	21,60 ± 3,85	24,63 ± 3,47	20,67 ± 5,86	31,53° ± 6,09	22,47 ± 2,90	32,21° ± 9,15
μ, (Dal/cm × 10 ¹³)	19,94	24,80° ± 4,22	19,80 ± 5,96	19,10 ± 10,49	19,02 ± 11,93	32,10° 1,7,52	22,93 ± 10,41	34,28
VARIABLE		PHASE	SB 1			PHASE	2	
	PRCTI	TIN	PLAC	PLACEBO	PRCTIN	IN	ACET	ACETATE
	BASELINE	RND	BASELINE	KND	BASELINE	RND	BASELINE	GND
PBRMEABILITY (x 10"cm")	279,58 ± 101,16	336,25° ± 119,06	275,5 ± 116,4	307,09 ± 72,98	131,18 ± 99,94	285,36° 1 84,50	212,52 ± 76,32	306,81° ± 80,83
LYSIS TIMB	285,6 ± 16,13	232,9°	205,5 ± 14,9	221,4 ± 10,9	285,6 ± 16,13	132,9° ± 17,9	251,9 ± 10,7	130,3
MPC (g/1)	0,1218 ± 0,0394	0,0836° ± 0,0395	0,109 ± 0,083	0,097 ± 0,059	0,1002 ± 0,029	0,0807° ± 0,0314	0,1146 ± 0,0429	0,0852 ¹ ± 0,0371
CLOT (PIBRIN) (g/l)	2,22 ± 0,47	1,90° ± 0,37	2,30 ± 0,44	2,10 ± 0,33	2,55 ± 0,70	1,86°	2,00 ± 0,28	1,62° ± 0,16
PIBRINOGEN (9/1)	3,51 ± 0,62	3,30	3,60 ± 0,62	3,62 ± 0,35	4,11 ± 0,90	3,72 ± 0,62	8,10 2 1,60	3,64 ± 0,91

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Table 4 Means and standard deviations of baseline and end of supplementation lipid variables 5 10 15

VARIABLE		PHASE	SE 1				0 00 4110	
	PE	PECTIN		PLACEBO	PEC	PECTIN	4	ACRTATE
	BASELINE	END	BASELINE	END	BASELINE	BND	BASEL TNE	CNN
TC (mmo1/1)	6,50	5,67*	6,60	6,40	6,89	6,07	6,55	5,81
LDL-C (mmol/1)	4,70	4,10*	4.0	•	100	1	1	i i
HDL-C (mmol/1)	1	1,03*	1 40	1,0	100	7 7 9	1,11	1
% HDL-C (%)	18,30 ± 3,07	18,20° ± 2,64	17	1 -	15,	18	7,0	20,32
H,O, (μΜ)	1,70 ± 0,76	0,84° ± 0,38	1,50 ± 0,52	1,45	1,20	100	-0	8,0
VARIABLE		PHASE	IE 1		i		7	
	PE(PECTIN	PLA	PLACEBO	PECTIN	LIN	ACE	ACETATE
	BASELINE	END	BASELINE	END	BASELINE	END	BASELINE	BND
ApoA (mmol/1)	1,60 ± 0,14	1,23° ± 0,12	1,50 ± 0,18	1,40° ± 0,22	1,53 ± 0,18	1,39*	1,50	1,40*
ApoB (mmo1/1)	1,70 ± 0,15	1,29° ± 0,12	1,70. ± 0,28	1,50° ± 0,18	1,77	1,39*	i i	1
TG (mmo1/1)	2,00 ± 0,84	1,78 ± 0,64	2,10 ± 0,98	2,00 ± 0,64	1,99 ± 0,59	140	00	'
LP(a) (mmol/1)	349,23 ± 317,37	251,93° ± 213,27	281,0 ± 142,08	249,33 ± 129,33				
TBARM (μΜ)	0,60 ± 0,59	0,30 ± 0,20	0,50 ± 0,25	0,90 ± 0,84	2,06 ± 1,52	0,61° ± 0,53	1,47	1,07

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Table 5 Means and standard deviations of baseline and end of supplementation metabolic variables

		aprina	1 23			PHASE	R 2	
VAKIABLE	PECT	2		PLACEBO	PRCTIN			ACETATE
	BASELINE	END	BASELINE	END	BASELINE	END	BASELINE	END
ACBTATE (µmol/1)	50,65 ± 28,49	90,52° ± 43,14	44,20 ± 17,07	42,96 ± 21,55	37,81 ± 9,52	67,97° ± 25,95	37,63 ± 16,31	54,31° ± 12,12
PPA (mmol/1)	0,39	0,31° ± 0,02	0,33 ± 0,01	0,43° ± 0,09	0,48 ± 0,06	0,40° ± 0,03	0,59 ± 0,05	0,45
TP (9/1)	68,55 ± 7,99	66,84 ± 6,33	65,51 ± 5,26	64,09 ± 6,33	72,36 ± 4,04	75,21 ± 6,84	71,69 ± 4,52	71,52
ALBUMIN (9/1)	47,23	47,79 ± 2,96	47,46	45,36 ± 6,10	45,53 ± 5,35	45,48° ± 2,69	43,09 ± 3,16	45,50 ± 2,12
VARIABLE		PHASE	SE 1			PHASE	E 2	
	PECTI	TIN	PLA(PLACEBO	PECTIN	NI	ACE	ACETATE
	BASELINE	END	BASELINE	END	BASELINE	END	BASELINE	END
INSULIN (µU/ml)	10,95 ± 6,85	11,25	17,14 ± 12,17	17,98 ± 13,21	18,55 ± 13,16	13,83	8,96 ± 5,19	7,61
GLUCOSE (mmol/1)	3,98 ± 0,34	3,72 ± 0,38	3,99 ± 0,59	3,96 ± 0,64	4,29 ± 1,52	4,00 ± 0,61	3,58 ± 0,39	3,78
IR	4,29	4,16 1 2,38	7,16	7,46 ± 6,02	9,40 ± 5,00	5,77 ± 3,77	3,22 ± 1,87	2,93 1,93
PPA/ALB (X 10')	8,26 ± 0,43	6,49° ± 0,59	6,95 ± 0,27	9,48° ± 0,80	10,50	8,78° ± 0,63	13,69 ± 0,88	9,89'

The results of the above experiments will now be discussed briefly.

BODY WEIGHT AND BODY MASS INDEX (BMI) CHANGES

As is evident form Table 2, no significant changes in body weight or BMI were observed in any of the groups during phase 1. The acetate supplement (phase 2), however, caused a decrease (from 88.16 ± 12.35 kg to 83.09 ± 10.80 kg) in body weight. Although this decrease may not be of statistical significance, it can be clinically significant in the cases of those subjects who lost weight.

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HAEMORHEOLOGICAL AND HAEMOSTATIC VARIABLES

As is evident from Table 3, pectin supplementation for both groups during both phases caused a significant decrease in the clot lysis time, Macromolucular Protein Complex (MPC), clot fibrin content, Haemoglobin (Hb), plasma viscosity, and a significant increase in fibrin clot compaction, mass length ratio from turbidity (μ T) and clot permeability.

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Except for a significant decrease in the plasma viscosity in the placebo group during phase 1 (from 1.80 \pm 0.09 to 1.70 \pm 0.07 cP), no other changes were observed in this group.

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It is furthermore clear from Table 3 that acetate supplementation caused a significant decrease in Haematocrit (Ht), Hb, plasma viscosity, MPC, clot fibrin content and clot lysis time, while significant increases were measured in clot compaction and permeability. Although the change in fibrinogen was not significant, it is worthy to note that acetate supplementation caused a 11.2 % decrease in the total plasma fibrinogen concentration of the group.

LIPID CHANGES

As appears from Table 4, pectin supplementation caused significant decreases in total cholesterol (TC), Low Density Lipoprotein Cholesterol (LDL-C), High Density Lipoprotein Cholesterol (HDL-C), and Apoprotein A (ApoA), Apoprotein B (ApoB), Lipoprotein (a) (Lp(a)), Tribarbituric Reactive Substances of Malondealdehyde (TBARM) and in hydrogen peroxide (H₂O₂) during phase 1. HDL-C was significantly increased during phase 2.

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It is also apparent that ApoA decreased substantially in the placebo group.

A significant decrease in ApoB was also measured. No other changes were significant.

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It therefore appears that acetate supplementation caused a substantial decrease in TC, ApoA, ApoB, TG, and $\rm H_2O_2$, while a significant increase in the %HDL-C was also evident.

METABOLIC VARIABLES

As appears from Table 5, which reflects the mean (SD) changes in some

metabolic variables of both groups during both phases, pectin

supplementation caused a significant increase in acetate levels and a

significant decrease in Free Fatty Acid (FFA) levels and ratio of

FFA/albumin.

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Except for a significant increase in the ration of FFA/albumin, no other

significant changes were found in the placebo group.

It is also clear that acetate supplementation caused a substantial increase

in acetate levels, and a significant decrease in FFA and ratio of

FFA/albumin.

15 **EXAMPLE 2**

The effect of the acetate on the fibrin clot structure was further determined

by in vitro studies and the results and a discussion thereof are given below.

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ACETATE AND FIBRIN CLOT STRUCTURE

The effect of different concentrations of acetate on fibrin clot structure properties (n = 5 each variable tested), is reflected in Table 6.

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Table 6 The effect of different concentrations of acetate on fibrin clot structure properties (n=5 for each variable tested)

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[Acetate] (µmol/L)	Permeability (x 10 ¹¹ cm ²)	μ T (daltons/cm x 10^{12})	
0	90.67 ± 8.00	14.92 ± 0.15	
75	110.4 ± 5.17*	17.44 ± 0.20*	
100	118.0 ± 6.03*	17.95 ± 0.22*	
150	134.0 ± 5.02*	19.51 ± 0.17*	

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It is evident from Table 6 that as the acetate concentration increased progressively from 0 μ mol/L to 75, 100 and 150 μ mol/L, the permeability increased accordingly. Fibre thickness from turbidity (μ T) increased significantly. The clot lysis time decreased substantially, indicating enhanced fibrinolysis with progressive acetate concentrations. These

^{*} differ significantly from 0 µmol/L accente (p < 0.05; Student t-test)

changes in network characteristics do not arise from altered fibrinogen conversion because fibrin content did not alter substantially in the concentration range of the acetate tested. These findings probably indicate that the fibrin in the presence of acetate shows increased lateral polymerization. Therefore a greater amount of fibrin is incorporated into the major network and the cross linking in the network is different to that of the control network.

The effect of different concentrations of acetate on clot fibrin content and sample viscosity (n = 5 for each variable tested) is reflected in Table 7 and the relation between fibrin network lysis and acetate concentrations is depicted in Figure 1.

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Table 7 The effect of different concentrations of acetate on clot fibrin content and sample viscosity (n=5 for each variable tested)

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[Acetate] (µmol/L)	Clot [FIBRIN] (g/L)	Lysis time (t½ / minutes)
0	1.35 ± 0.05	148.50 ± 2.50
75	1.36 ± 0.03	140.25 ± 2.23 *
100	1.37 ± 0.07	129.15 ± 1.66 *
150	1.39 ± 0.05	123.29 ± 2.02 *

^{*} differ significantly from 0 \(\mu\text{mol/L}\) acetate (p < 0.05; Student t-test)

Figure 1: Lysis by streptokinase of fibrin networks developed with different concentrations acetate (n = 5 for each concentration tested)

(Thousands) Time/minutes - 75 -∞- 100 -=- 150

Referring to Table 7 and Figure 1, the lysis rate of radioactive-labelled fibrin clots in the presence of different concentrations of acetate were quantified by measuring released I¹²⁵ in the medium over a determined time period. It therefore appears that progressive acetate concentrations enhanced fibrinolysis.

Referring to Figure 2, the kinetics of network growth were subsequently investigated by continuously recording changes in turbidity at 608 nm, during network development under identical experimental conditions. As depicted in Figure 2, progressive increase in acetate enhanced the entire kinetics. The lag phase became shorter, the increase in turbidity was faster and the equilibrium turbidity was proportionally increased.

Figure 2: Turbidity curve of fibrin formation in the presence of different acetate concentrations

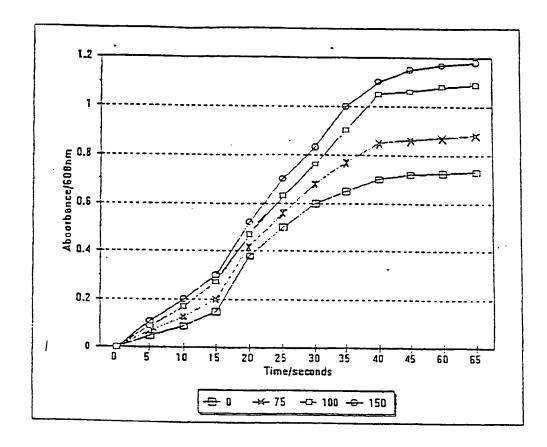
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ACETATE AND LIPID PEROXIDATION

The effect of acetate on peroxidation of blood lipids in vitro (n = 5) for each measurement) is reflected in Table 8 and the relationship between the inhibition of peroxidation and acetate concentration is depicted in figure 3.

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The effect of acetate on peroxidation of blood lipids in vitro (n=5 for Table 8 each measurement)

[Hydroperoxide]

% Inhibition

73.12

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[Acetate]

 (μM) x 10-6 M 0.00 mmol/L 8.41 ± 0.20 0 0.05 mmol/L 4.46 ± 0.15 * 46.97 0.10 mmol/L $3.70 \pm 0.22 *$ 56.01 15 0.20 mmol/L $3.04 \pm 0.23 *$ 67.11 0.30 mmol/L 2.26 ± 0.16 *

* differ significantly from 0 µmol/L acetate (p < 0.05; Student t-test)

Figure 3: The relationship between inhibition of peroxidation and acetate concentration *in vitro*

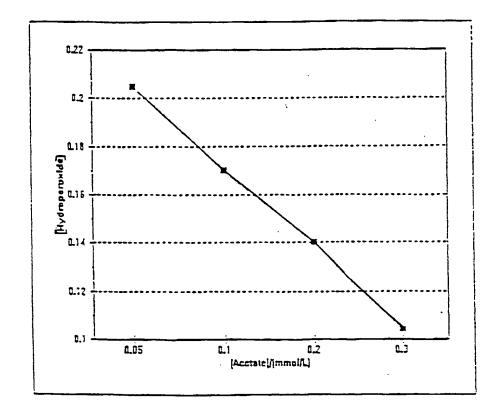
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From Table 8 and Figure 3 it appears that there exists a linear analogy between the extent of free radical inhibition and acetate concentration. A 46.97, 56.01, 67.11 and 73.12 % inhibition of free radical formation was caused by 50 μ M, 100 μ M, 200 μ M and 300 μ M of acetate, respectively. All these changes were significant (p < 0.05). However, the graph of Figure 3 suggests that acetate does not inhibit peroxidation in full. From linear regression analysis, it seems that minium inhibition may cause a 56.12 % decrease of peroxidation in vitro (r = 0.98; m = -0.836). The

results showed that pectin supplementation caused a 49 % decrease in free radical content, which corresponds to an acetate concentration of 70 μ M, if related to this *in vitro* study. This value is within physiological range. It is however, important to realize that the Cu²⁺ concentration used to induce oxidation, is a drastic measurement, causing spuriously high rates of oxidation.

NOVEL EFFECTS

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Pectin supplementation caused no substantial changes in plasma fibrinogen levels. However, significant differences were found in the characteristics of networks developed in plasma of the pectin group. Networks were more permeable and had lower tensile strength. Their fibrin content decreased markedly. A decrease in fibrin content partially explains some of the altered network characteristics due to altered fibrin(ogen) conversion. These findings indicate that lateral polymerization was enhanced and a greater amount of fibrin was thus incorporated into the major fibre network. The increased major network fibre diameter is reflected in the turbidimetric measurement as shown in Figure 2. Fibrin fibre thickness seems to be determined by kinetics of its growth and differences in fibre diameter have been attributed to the kinetics of fibrin(ogen) breakdown and subsequently fibrin fibre assembly. It is known that mass-length ratio of fibrin fibre is determined by the rates of generation of the fibrin monomer and that of its

assembly into fibrin fibre. When thrombin is added to fibrinogen, the fibrin monomer is generated according to the relative amounts of enzyme and substrate.

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Turbidimetric changes represented by the lag phase, phase of increasing turbidity and the equilibrium phase, collectively represent the breakdown of fibrinogen to fibrin monomer; the initial aggregation of monomer to protofibrils; and the growth of protofibrils to an opaque network. The lag phase corresponds to the time required for the overall action of thrombin on fibrinogen until the appearance of turbidimetrically detectable fibrin and includes the enzymatic breakdown of fibrinogen and the initial aggregation to protofibrils. The fibrinogen solution forms a gel during the early part of the second phase during which turbidity rises rapidly. The resulting increased thickness of fibres decreases the total contour length of the fibres thus increasing the permeability. Networks with fibres of increased thickness and permeability are less resistant to lysis. Increased clot compaction also denotes a decrease in the tensile strength of fibrin. Increase in permeability and decrease in tensile strength indicates a smaller degree of cross linkage of fibres within the network.

The changes in fibrin network characteristic (μ T and clot lysis time) were directly associated with the changes in plasma acetate levels.

Acetate supplementation did not cause a significant change in plasma fibrinogen levels, but a tendency of an 11.2 % decrease was observed in this group. Significant differences were also found in the characteristics of fibrin networks developed in plasma. These results were also observed with the results of the pectin group. Changes in clot structure properties were also associated with the changes in acetate levels. These results strongly suggest that the effect of pectin on clot structure characteristics were mediated by acetate.

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Progressive amounts of acetate were used *in vitro* to investigate the possibility that acetate may directly be responsible for changes of fibrin clot structure characteristics *in vivo*, and rule out the effect of other possible changes that occurred in the plasma medium. The results indicated that acetate directly influence fibrin clot structure properties in the same manner as during pectin and acetate supplementation. Increasing amounts of acetate caused significant changes in the clot characteristics.

Although it is known that dietary fibre can modify lipid metabolism in man, no effects of fibre or fibre components or metabolites on lipid peroxidation have previously been reported. During the experiments, pectin supplementation caused a significant decrease of 49% in the hydrogen peroxide content of blood lipids. This effect was concomitant with a

decrease in total cholesterol. The change in lipid peroxides was directly associated with the change in TC and acetate levels.

Acetate supplementation caused a significant decrease in the free radical content of blood lipids. This effect was concomitant with a decrease in total cholesterol. The change in free radical concentration was directly associated with the change in TC and acetate levels.

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The direct effect of acetate on lipid peroxidation was performed *in vitro* to rule out the effect of significant decreases in TC as reported for the acetate and pectin intervention results. The results showed that progressive amounts of acetate *in vitro* decreases the susceptibility of lipoproteins against free radical attack.

A clinically significant, but statistically insignificant decrease in body weight of 5.07 kg of the acetate supplemented subject group was observed. It was previously showed that acetate inhibits food intake in sheep. The acetate effect can therefore possibly be ascribed to be through direct mechanisms and a decrease in food intake. No weight reduction were measured in the pectin supplemented subject group. The weight loss with acetate supplementation probably contributed to the lowering of TC and TG.

POSSIBLE MECHANISMS

(kinetic mechanism).

The results showed that both acetate and pectin *in vivo* induce alterations in network characteristics. However, pectin and acetate *in vivo* also showed significant effects on some other metabolic variables. Plasma is an aqueous mixture of proteins, lipids, carbohydrates, amino acids, salts and other substances. A change in any of these constituents of plasma would directly be reflected in the characteristics of fibrin networks. It would therefore seem that acetate and pectin can modify network characteristics by a combination of its effect on metabolism (modulating mechanism), possible direct effects (steric exclusion, etc.), and altered fibrin conversion

The mechanism underlying these differences is not clear at present, but in the investigation with artificially added acetate the reagents were added only a few minutes before developing the network. The changes induced are thus from a direct effect of acetate on fibrin. Therefore it appears that in the presence of acetate added in this fashion, the networks developed simulated changes observed in network characteristics of both acetate and pectin supplemented subject plasma. This indicates that acetate may directly be responsible for partial changes in fibrin network characteristics.

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The physiochemical nature of acetate defines the behaviour of this acid in living organisms. Molecules (such as acetate) of compounds contain O-H groups are attracted to each other by intermolecular force caused by the difference in the electronegativity of oxygen and hydrogen atoms. This gives acetate the ability to form hydrogen bonds between O-H, H-F, H-CI and H-N. Hydrogen bonding is the key factor determining the characteristics of acetate in solution. There are two types of hydrogen bonding, intramolecular and intermolecular. Intermolecular bonding may be a link to the effects of acetate on fibrin clot structure in vitro and in vivo. Fibrinogen is a very large molecule with an array of different bonds. It is not impossible for acetate to form hydrogen bonds with the fibrinogen molecule, having both O-H and H-N groups. This may have steric effects on the fibrinogen molecule, causing a change in fibrinogen-thrombin interaction, which will consequently lead to an altered clotting process. This should lead to alterations in fibrin clot structure.

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Both pectin and acetate decreases peroxidation of blood lipids *in vivo*. Excluding acetate, no other measured variable could explain this anti-oxidative effect of pectin and acetate *in vivo*. The underlying mechanism is not clear. From the *in vitro* results it seems that acetate inhibits lipid peroxidation directly. This indicates that pectin fermentation produces substances (acetate) with anti-oxidant properties. This may be direct

evidence that acetate protects against lipid peroxidation by inhibiting the release of free radicals, rather than protecting the blood lipids against them.

It will be appreciated that short chain fatty acids, such as acetic acid, or pharmaceutically acceptable salts, derivatives or precursors thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestines of a mammal, but soluble and digestible in the colon of such mammal, could be used as a pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity and the use thereof. It will be appreciated further that such short chain fatty acids can further be used in methods for the treatment or prevention of any one or more of said conditions in mammals.

It will be appreciated still further that there are no doubt a large number of variations in detail possible with the invention as hereinbefore described without departing from the scope and/or spirit of the appended claims.

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CLAIMS

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1. A pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, comprising a short chain fatty acid, or a pharmaceutically acceptable salt, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal.

- 2. A pharmaceutical agent according to claim 1 wherein the pharmaceutically acceptable salt of the short chain fatty acid is the calcium salt thereof.
- 3. A pharmaceutical agent according to claim 1 or claim 2 wherein the short chain fatty acid comprises acetic acid.
- 4. A pharmaceutical agent according to any one of the preceding claims wherein the protective coating comprises a natural or synthetic resin such as shellac.

5. A pharmaceutical agent according to claim 4 which comprises calcium acetate in the form of a capsule, tablet or pill coated with such a resin.

- 5 6. A pharmaceutical agent according to claim 5 which comprises between 0,1 grams and 100,0 grams of the acetate.
 - 7. A pharmaceutical agent substantially as herein described and exemplified.
 - 8. A method for the treatment or prevention of any one or more of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, including the step of administering to the colon of a mammal an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof.
 - A method according to claim 8 wherein the agent is administered to the colon, via the digestive track of the mammal.

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10. A method according to claim 8 or claim 9 wherein the pharmaceutically acceptable salt is the calcium salt of the short chain fatty acid.

11. A method according to any one of claims 8 to 10 wherein the short

chain fatty acid is acetic acid.

- 12. A method according to any one of claims 8 to 11 wherein the agent is administered in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal.
- 13. A method according to any one of claims 8 to 12 wherein the agent is administered to a human being in an amount of between 0,1 gram and 100,0 gram at least once a day.
- 14. A method for the treatment or prevention of conditions in mammals substantially as herein described and exemplified.

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15. Use of an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal, in a method for the treatment or prevention of any one or more of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity.

- 16. Use according to claim 15 of an agent wherein the pharmaceutically acceptable salt is the calcium salt of the short chain fatty acid.
- 15. Use according to claim 15 or claim 16 of an agent wherein the short chain fatty acid is acetic acid.
 - 18. Use according to any one of claims 15 to 17 of an agent wherein the protective coating comprises a natural or synthetic resin such as shellac.

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19. Use according to any one of claims 15 to 18 of an agent wherein the agent is administered to a human being in an amount of between 0,1 gram and 100,0 gram at least once a day.

- Due of an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof, in the manufacture of a medicament for use in a method for the treatment or prevention of any one or more of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, the medicament having a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but
 - 21. Use according to claim 20 of an agent wherein the pharmaceutically acceptable salt is the calcium salt of the short chain fatty acid.
- 20 22. Use according to claim 20 or claim 21 of an agent wherein the short chain fatty acid is acetic acid.

digestible or soluble in the colon of a mammal.

23. Use according to any one of claims 20 to 22 of an agent wherein the protective coating comprises a natural or synthetic resin such as shellac.

5 24. Use of an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof substantially as herein described and exemplified.

AMENDED CLAIMS

[received by the International Bureau on 2 February 1999 (02.02.99); original claim 12 cancelled; original claim 8 amended; claims 13-24 amended and renumbered as claims 12-23 other claims unchanged (6 pages)]

- 1. A pharmaceutical agent for the prevention or treatment of any of the following conditions in mammals: atheroscierosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, comprising a short chain fatty acid, or a pharmaceutically acceptable salt, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the coion of a mammal.
- 2. A pharmaceutical agent according to claim 1 wherein the pharmaceutically acceptable salt of the short chain fatty acid is the calcium salt thereof.
- A pharmaceutical agent according to claim 1 or claim 2 wherein the short chain fatty acid comprises acetic acid.
- A pharmaceutical agent according to any one of the preceding claims
 wherein the protective coating comprises a natural or synthetic resin
 such as shellac.

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5. A pharmaceutical agent according to claim 4 which comprises calcium acetate in the form of a capsule, tablet or pill coated with such a resin.

- 5 6. A pharmaceutical agent according to claim 5 which comprises between 0,1 grams and 100,0 grams of the acetate.
- 7. A pharmaceutical agent substantially as herein described and exemplified.
 - 8. A method for the treatment or prevention of any one or more of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity, including the step of administering to the colon of a mammal an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof, the agent being administered in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal.
 - 9. A method according to claim 8 wherein the agent is administered to the colon, via the digestive track of the mammal.

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10. A method according to claim 8 or claim 9 wherein the pharmaceutically acceptable salt is the calcium salt of the short chain fatty acid.

- 11. A method according to any one of claims 8 to 10 wherein the short chain fatty acid is acetic acid.
- is administered in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a
- 12. 13. A method according to any one of claims 8 to 12 wherein the agent is administered to a human being in an amount of between 0,1 gram and 100,0 gram at least once a day.
- /3. 14. A method for the treatment or prevention of conditions in mammals substantially as herein described and exemplified.

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Use of an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof, in a pharmaceutically acceptable protective coating which is resistant to digestion and solution in the stomach and small intestine of a mammal, but digestible or soluble in the colon of a mammal, in a method for the treatment or prevention of any one or more of the following conditions in mammals: atherosclerosis, thrombosis, unwanted high levels of free radicals, unwanted long fibrin clot lysis times, unwanted fibrin clot characteristics, unwanted high levels of free fatty acids and obesity.

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16. Use according to claim 15 of an agent wherein the pharmaceutically

acceptable salt is the calcium salt of the short chain fatty acid.

16 17.

Use according to claim 15 or claim 16 of an agent wherein the short

chain fatty acid is acetic acid.

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18. Use according to any one of claims 15 to 17 of an agent wherein the

protective coating comprises a natural or synthetic resin such as

shellac.

18 19.

Use according to any one of claims 15 to 18 of an agent wherein the

agent is administered to a human being in an amount of between 0.1

gram and 100,0 gram at least once a day.

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Use of an agent comprising a short chain fatty acid or a

pharmaceutically acceptable salt, derivative or precursor thereof, in

the manufacture of a medicament for use in a method for the

treatment or prevention of any one or more of the following

conditions in mammals: atherosclerosis, thrombosis, unwanted high

levels of free radicals, unwanted long fibrin clot lysis times,

unwanted fibrin clot characteristics, unwanted high levels of free

fatty acids and obesity, the medicament having a pharmaceutically

acceptable protective coating which is resistant to digestion and

solution in the stomach and small intestine of a mammal, but

digestible or soluble in the colon of a mammal.

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Use according to claim 25 of an agent wherein the pharmaceutically 24.

acceptable salt is the calcium salt of the short chain fatty acid.

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Use according to claim 29 or claim 24 of an agent wherein the short

chain fatty acid is acetic acid.

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23. Use according to any one of claims 20 to 22 of an agent wherein the protective coating comprises a natural or synthetic resin such as shellac.

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24. Use of an agent comprising a short chain fatty acid or a pharmaceutically acceptable salt, derivative or precursor thereof substantially as herein described and exemplified.

INTERNATIONAL SEARCH REPORT

International Application No

EP 97/04875 A. CLASSIFICATION OF SUBJECT MATTER IPC 6 A61K31/19 A61K A61K9/28 According to International Patent Classification (IPC) or to both national classification and IPC B. FIELDS SEARCHED Minimum documentation searched (classification system followed by classification symbols) IPC 6 A61K Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched Electronic data case consulted during the international search (name of data base and, where practical, search terms used) C. DOCUMENTS CONSIDERED TO BE RELEVANT Relevant to claim No. Ctation of document, with indication, where appropriate, of the relevant passages US 4 870 105 A (FORDTRAN JOHN S) 1-7,14,Χ 24 26 September 1989 8-24 γ see claims 1-8 PEAK ET AL.: "DNA damage produced by 8-24 Υ exposure of supercoiled plasmid DNA to high- and low LET ionizing radiation: effects of hydroxyl radical quenchers" INT. J. RADIAT. BIOL., vol. 67, no. 1, 1995, pages 1-6, XP002064519 see page 3, column 2, paragraph 3 - page 4, column 1, paragraph 1; figure 2; table -/--Patent family members are listed in annex. lx -Further documents are listed in the continuation of box C. Special categories of cited documents : To later document published after the international filing date or priority date and not in conflict with the application but "A" document defining the general state of the art which is not cited to understand the principle or theory underlying the considered to be of particular relevance invention *E* earlier document but published on or after the international "X" document of particular relevance; the claimed invention filing date cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another "Y" document of particular relevance; the claimed invention citation or other special reason (as specified) cannot be considered to involve an inventive step when the document is combined with one or more other such docu-"O" document referring to an oral disclosure, use, exhibition or ments, such combination being obvious to a person skilled document published prior to the international filing date but later than the priority date claimed in the art. "&" document member of the same patent family Date of the actual completion of the international search Date of mailing of the international search report

Form PCT/ISA/210 (second sheet) (July 1992)

Name and mailing address of the ISA

16 September 1998

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3 December 1998 (03.12.98)

Authorized officer

A. Jakobs

INTERNATIONAL SEARCH REPORT.

International Application No PC EP 97/04875

Relevant to claim No. 8-24 8-24
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INTERNATIONAL SEARCH REPORT.

International Application No
P. /EP 97/04875

(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT ateriory Citation of document, with indication, where appropriate, of the relevant passages MIRAGLIOTTA ET AL.: "Influence of about chain fatty acids produced by	Relevant to claim No.
MIRAGLIOTTA ET AL.: "Influence of	
short-chain fatty acids produced by anaerobic bacteria on procoagulant activity produced by Escherichia coli and Bacteroides fragilis-stimulated leucocytes: possible role in intra-abdominal abscess formation" MICROBIOS, vol. 75, no. 305, 1993, pages 233-240, XP002064526 see abstract; figures 1,2	8-24
GALLIMORE ET AL.: "Effect of diluents on blood clot lysis" J. CLIN. PATH., vol. 20, no. 3, 1967, pages 234-238, XP002064527 see figures 1-3; table 1	8-24
US 4 721 716 A (NEESBY TORBEN E) 26 January 1988	1,2, 7-10, 12-16, 19-21,24
see column 2, line 3 - line 60; claims 1,4	4,18,23
WO 90 04334 A (ALPHA BETA TECHNOLOGY) 3 May 1990 see page 16, line 8 - line 19; claims 1,24	1,8,9, 11,14, 15,19,20
EP 0 616 802 A (TEIKOKU SEIYAKU KK) 28 September 1994 see claims 1,5	4,18,23
NL 1 006 774 A (UNIV POTCHEFSTROOM (ZA)) 20 February 1998 see the whole document	1-24

INTERNATIONAL SEARCH REPORT

Int. ational application No. PCT/EP 97/04875

Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)	
This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:	
1. X Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely:	
Although claims 8-14 are directed to a method of treatment of the human/animal8 body, the search has been carried out and based on the alleged effects of the compound/composition.	
Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:	
see FURTHER INFORMATION sheet PCT/ISA/210	
Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).	
Box II Observations where unity of invention is lacking (Continuation of Item 2 of first sheet)	
This International Searching Authority found multiple inventions in this international application, as follows:	
1. As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.	
2. As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.	
3. As only some of the required additional search fees were timety paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:	
4. No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:	
Remark on Protest The additional search fees were accompanied by the applicant's protest.	
No protest accompanied the payment of additional search fees.	

International Application No. PCT/EP 97 /04875 FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210 In view of the large number of compounds, which are defined by the general definition(s)/formulae used in claims 1,2,4,7,8-10,12-16,18-21, the search had to be restricted for economic reasons. The search was limited to the compounds for which pharmacological data was given and / or the compounds mentioned in the claims, and to the general idea underlying the application. (see Guidelines, chapter III, paragraph 2.3)